

EARLY BIRD BREAKFAST

Some say breakfast is the most important meal of the day. With plates this delicious, it's difficult to disagree!

ONE EGG

7,99

One egg, choice of bacon, ham, sausage, cretons or baked beans.
Served with home fries and toast.

TWO EGGS

8,99

Two eggs, choice of bacon, ham, sausage, cretons or baked beans.
Served with home fries and toast.

CHEESE OMELETTE

9,99

Three egg cheddar cheese omelette.
Served with home fries and toast.

BAGEL EGGS PRESS

9,99

One fried egg, bacon, cheddar cheese, lettuce, tomatoes and mayonnaise.
Served with home fries.

PANCAKES

9,99

Five mini pancakes.
Served with butter and syrup.

FRENCH TOAST

9,99

Two slices of french toast.
Served with butter and syrup.



Let us help you start your day off right with
bottomless fresh coffee.

ENJOY OUR EARLY BIRD SPECIALS BEFORE
8:30 AM FROM MONDAY TO FRIDAY.

COMPLETE BREAKFAST

Served with home fries, fresh fruit,
and a choice of country, brown or rye bread.

THE GIANT

15,49

Two eggs, bacon, ham, sausage, baked beans and cretons.

LAC SAINT-JEAN

16,49

Two eggs, blueberry pancake, baked beans and a choice of bacon,
ham or sausage.

THE PLATTER

14,49

Two eggs, ½ waffle or a pancake, baked beans and a choice of bacon,
ham or sausage.

NICKELS

16,99

Two eggs, smoked meat and a choice of bacon, ham or sausage.

CONSTRUCTION

17,99

Two eggs, pancake, french toast, bacon, ham, sausage, baked
beans, cheddar cheese and cretons.

HEALTHY CHOICE

13,99

Two poached eggs.
Served with a generous portion of fresh fruits and 0% greek yogurt.

EXTRAS

BACON, HAM OR SAUSAGE 3.99
CRETONS 3.49
CHEESE 3.99

*Cooked just the way
you like them*



BUILD YOUR OWN

Served with home fries, fresh fruit and a choice of country, brown or rye bread.

1 EGG

ONE CHOICE OF SIDES 9,49

TWO CHOICES OF SIDES 10,79

2 EGG

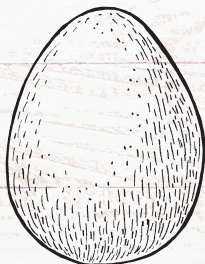
ONE CHOICE OF SIDES 11,49

TWO CHOICES OF SIDES 13,49

SIDES

BACON
HAM

SAUSAGE
BAKED BEANS



Canadian
grade A

OMELETTES

Served with home fries, fresh fruit and a choice of country, brown or rye bread.

Egg white omelette + 1,99

JUST CHEDDAR 13,99

HAM AND SWISS 15,99

NICKELS 17,99

Smoked meat and Swiss cheese.

WESTERN 15,49

Red and green peppers, onions and ham.

VEGETARIAN 15,49

Red and green peppers, tomatoes, red onions, mushrooms and cheddar cheese.

EXTRAS

CHEDDAR
SWISS

MONTEREY JACK
FETA

+ 3,99

PANCAKES, FRENCH TOAST, WAFFLE & CRÊPES BRETONNES

PLAIN 10,99

Choice of: 5 pancakes, 3 french toast, 2 crêpes or a waffle.

BLUEBERRY 14,49

Topped with fresh blueberries and whipped cream.

STRAWBERRY 15,75

Topped with fresh strawberries, strawberry coulis and whipped cream.

FRUIT AVALANCHE 15,75

Topped with fresh fruits and whipped cream.

BANANA NUTELLA 15,75

Topped with Nutella and banana slices.

CARAMEL APPLE 14,99

Caramelized apples topped with cinnamon.

EGG, HAM AND CHEDDAR 16,49

One fried egg, ham and cheddar cheese.

EGG, HAM AND MUSHROOMS 15,49

One fried egg, ham and mushrooms.

SKILLET

SOUTHWESTERN 16,99

Two eggs, home fries, onions, red and green peppers, avocado, ham, corn, spicy salsa, Monterey Jack and chipotle sour cream.

POUTINE 14,99

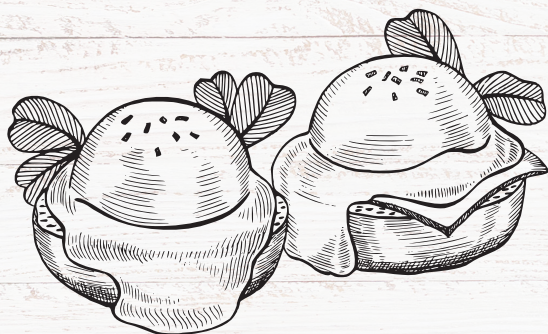
One egg, home fries, smoked meat, bacon and cheese curds, topped with gravy.

VEGETARIAN 14,49

Two eggs, home fries, red and green peppers, tomatoes, red onions, mushrooms and cheddar cheese.

QUEBECER 16,99

Two eggs, home fries, baked beans, bacon, sausage, green onions, cheddar cheese and cheese curds.



EGGS BENEDICT

Served on an English muffin with home fries and fresh fruit.

CLASSIC 15,49

Two poached eggs and ham, topped with Hollandaise sauce.

FLORENTINE 16,49

Two poached eggs, spinach and Swiss cheese, topped with Hollandaise sauce.

AVOCADO BACON 16,99

Two poached eggs, avocado and bacon, topped with Hollandaise sauce.

NICKELS 17,99

Two poached eggs, smoked meat and Swiss cheese, topped with Hollandaise sauce.

PHILLY STEAK 17,99

Two poached eggs, philly steak, sautéed onions, mushrooms and mozzarella cheese, topped with Hollandaise and BBQ sauce.

LOX 18,99

Two poached eggs and smoked salmon, topped with Hollandaise sauce and capers.

GREEK YOGURT

FRESH FRUIT AND HONEY 12,99

YOGURT PARFAIT 12,99

Yogurt, granola, fresh fruit and honey.

SIDES

TOAST 2.49
TOAST WITH CHEESE 4.49
CHEESE 3.99
CREAM CHEESE 4.49
BACON, HAM OR SAUSAGE 3.99

SMOKED MEAT 4.49
BAKED BEANS 3.49
EGG 2.49
BREAKFAST POTATOES 3.99
CRETONS 3.49

BAGELS

PLAIN SESAME SEED BAGEL 4,29

WITH CREAM CHEESE 7,29

EGGSPRESS 10,99

One fried egg, bacon, lettuce, tomatoes, cheddar cheese and mayonnaise.

LOX 15,99

Smoked salmon, cream cheese, lettuce, tomatoes, red onions and capers.



KIDS MENU - 10 YEARS OLD & UNDER

Served with a choice of juice or milk.

PLAIN 5,99

Choice of: 3 mini pancakes, 1 french toast, 1 crêpe or ½ waffle.

BLUEBERRY 7,99

Topped with fresh blueberries and whipped cream.

STRAWBERRY 8,99

Topped with fresh strawberry, strawberry coulis and whipped cream.

FRUIT AVALANCHE 8,49

Topped with fresh fruit and whipped cream.

BANANA NUTELLA 8,99

Topped with Nutella and banana slices.

CARAMEL APPLE 8,49

Caramelized apples topped with cinnamon.

CHOICE OF: PANCAKES, FRENCH TOAST, WAFFLE OR MINI CRÊPE.

EXTRAS

NUTELLA
MAPLE SYRUP
CRÊTONS

+ 3,49



THE JUNIOR 6,49

One egg, a choice of bacon, ham or sausage with home fries and toast.

COLD DRINKS

MILK 3,49

CHOCOLATE MILK 4,49

FLORIDA ORANGE JUICE P 3,49 | G 4,49

APPLE JUICE P 2,99 | G 3,99

CRANBERRY JUICE P 2,99 | G 3,99

HOT DRINKS

COFFEE 2,99

TEA 3,49

ESPRESSO 3,49

CAPPUCCINO 4,99

LATTE 4,99

SMOOTHIES

MANGO 5,99

Mango purée, milk and plain greek yogurt.

STRAWBERRY 5,99

Strawberry purée, milk and plain greek yogurt.

RASPBERRY 5,99

Raspberry purée, milk and plain greek yogurt

Serving you breakfast since 1990

Drinking coffee will keep you from sleeping.
But sleeping will keep you from drinking coffee.



Our dishes are prepared to serve. Kitchen operations may involve shared cooking and preparation areas. Therefore, we cannot guarantee that any dish can be completely free of allergens. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Taxes not included. Suggested presentation.
All of our plates may contain traces of nuts, peanuts or gluten.
Caution hot! Most of our states are hot.